



# A Letter From Jim

McEachern Memorial United Methodist Church • 4075 Macland Road • Powder Springs, GA 30127 • (770) 943-3008

January 2, 2008

Dear McEachern Members and Friends,

“And the One who was seated on the throne said, ‘See, I am making all things new.’” (Revelation 21.5)

Happy New Year!

There is something about a new year that promises a new beginning. I guess that is why we make New Year’s resolutions. Have you made yours yet? Have you broken it yet? My New Year’s resolution is to begin running again and get back in shape. I am telling you this because I need to be held accountable. Accountability is an important concept in spirituality. I have an accountability group that I meet with for nurture, support, and to “keep me honest”. I hope you have the same kind of group. If not, that might make a wonderful New Year’s resolution.

Your resolution might have something to do with your physical life. You may have vowed to lose weight, start exercising, stop smoking, or something of that nature. I want to encourage you to make a spiritual New Year’s resolution as well. There is no secret about what leads to a healthy physical life: diet, exercise, and rest will go a long way toward a healthy lifestyle. The same is true of our spiritual life; there is no secret about what leads to a healthy spirit. We call them spiritual disciplines. They include worship, study, communion, service, Christian conversation, acts of kindness and mercy, and prayer. I would like to encourage you to select at least one of the disciplines to work on this year. Remember that goals need to be specific, measurable, and achievable. Instead of saying “I’m going to attend every worship service we hold this year” you might want to say, “I’m going to increase my attendance in worship from 2 times a month to three times a month.” Give yourself a chance to succeed!

Don’t forget our **Baby Recognition Service**. Special Deliveries will be recognizing all the babies that were born or brought home during 2007 on Sunday, January 20th. The parents will be treated to a dinner in their honor on January 19th at 7:00 p.m. in Oaks Hall. The babies will be recognized on January 20th during the 11:00 a.m. service. If you know of any family in our church congregation who had a baby during 2007 and wasn’t involved with our Special Deliveries program, contact Trisha McMichen at (770-883-1619) or [t\\_mcmichen@comcast.net](mailto:t_mcmichen@comcast.net). We would like to make certain all babies born in our congregation during 2007 get recognized.

Almighty God, we give you thanks that you do indeed make all things new. We give you thanks that you are a God of new beginnings. As we begin this new year we ask that we might rededicate ourselves to being your disciples. Help us to grow in grace that we might be able to be a light in a dark world. All this we ask in the name of Jesus Christ, the Light of the World. Amen.

God Bless,